

THE TREASURES OF MARCHE: WALKING BETWEEN NATURE AND CULTURE

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JULY 2016 HIKES CALENDAR

Saturday 2nd: MONTE CONERO SOUTHERN RING. From Fonte dell'Olio through the top of the Mount, the Southern Belvedere (view point), Mortarolo Cave and Passo del Lupo. It is possible to visit the Camerano Caves nearby. **Estimated time:** 3 h 30'-4 h 00' (stops excluded). **Uphill drop:** 310m. **Hiking difficulty:** E (Hikers).

Saturday 2nd: MONTE ARGENTELLA for PIANI DI CASTELLUCCIO BLOSSOM. From Pian Grande di Castelluccio (PG) to barely popular Peak northward of Forca Viola, along the ancient Imperial road that joined Castelluccio and Foce di Montemonaco, to observe Pian Grande di Castelluccio blossom. **Rise time:** 2 h 30'-3 h 00' (stops excluded), **down:** 1 h 30'-2 h 00' (stops excl.). **Uphill drop:** 730 m. **Hiking difficulty:** E.

Saturday 2nd: SUNSET AT PANTANI DI ACCUMOLI. An easy walk to the hollow hosting several little lakes and their unavoidable domestic and wild animal, waiting for the moonless night to admire constellations. **Estimated time:** 2 h 00'-2 h 30' (stops excluded). **Uphill drop:** 200 m. **Hiking difficulty:** T/E (Tourists/Hikers).

Sunday 3rd: HERMITAGE OF ACQUARELLA from Albacina (AN). Discovering the ancient Franciscan hermitage through the dense woods above the old Roman village "Tuficum", up to the slopes of Monte Maltempo to enjoy the lovely view on Fabriano basin (AN) and its surroundings. **Estimated time:** 4 h 00'-4 h 30' (stops excluded). **Uphill drop:** 690 m. **Hiking difficulty:** E (Hikers).

Sunday 3rd: LAGO DI PILATO (Pilate's Lake) from Forca di Presta (AP) for PIANI DI CASTELLUCCIO BLOSSOM. On the slopes of Monte Vettore to the valley with the only icy lake in the Apennine, admiring the amazing scenery of Piani di Castelluccio flowering. **Rise time:** 3 h 00'-3 h 30' (stops excluded), **down:** 2 h 00'-2 h 30' (stops excluded). **Uphill drop:** 1.050 m. **Difficulty:** EE (Experienced Hikers).

Saturday 9th: MONTE CONERO NORTHERN RING. From Massignano former quarry to Northern Belvedere Nord through Pian dei Raggetti and S. Pietro al Conero Church, flying as a bird on Adriatic Sea. It is possible to visit the Camerano Caves nearby. **Estimated time:** 3 h 30'-4 h 00' (stops excluded). **Uphill drop:** 320 m. **Hiking difficulty:** E (Hikers).

Saturday 9th: MONTE BANDITELLO. From Altino Refuge (AP) to the top of the mountain above it, northern sentinel of Sibillini Lord and privileged balcony over the Valley of the Pilate's Lake. **Rise time:** 3 h 00'-3 h 30' (stops excluded); **down:** 2 h 00'-2 h 30' (stops excluded). **Uphill drop:** 800 m. **Hiking difficulty:** E (Hikers).

Sunday 10th: VERNINO VALLEY RING. From Gola della Rossa to the top of Monte Murano, that closes on the north side, through the valley through the valley that hosts the charming homonymous cave. **Estimated time:** 4 h 30'-5 h 00' h (stops excluded). **Uphill drop:** 710 m. **Hiking difficulty:** EE (Experienced Hikers).

Sunday 10th: CIMA DEL REDENTORE (REDEEMER'S TOP) and PIZZO DEL DIAVOLO (DEVIL'S PEAK) for PIANI DI CASTELLUCCIO BLOSSOM. From Forca di Presta to the highest Peak of Umbria Region, suspended between Castelluccio Flats and Pilate's Lake Valley. **Rise time:** 3 h 00'-3 h 30' (stops excluded), **down:** 2 h 00'-2 h 30' (stops excluded). **Uphill drop:** 992 m. **Hiking difficulty:** EE (Experienced Hikers).

Saturday 16th: THE RUNGS PATH. Along Frasassi Gorge up to the 18th-century temple and the early medieval hermitage set in its cavities, in search of its several less note natural caverns characterizing the Gorge. Later, drop in the very renowned Caves dug by Sentino Stream. **Estimated time:** 3 h 30'-4 h 00' (stops excluded). **Uphill drop:** 300 m. **Hiking difficulty:** EE (Experienced Hikers).

Saturday 16th: ALONG THE SENTIERO DEI MIETITORI. From Rifugio di Altino (Altino Refuge) of Montemonaco (AP) to the church of S. Maria in Pantano along the historical Sentiero dei Mietitori (Harvesters' Path), among the woods at the foot of the impressive eastern slope of Monte Vettore. **Estimated time:** 3 h 00'-3 h 30' (stops excluded). **Uphill drop:** 150 m. **Hiking difficulty:** T/E (Tourists/Hikers).

Saturday 16th/Sunday 17th: NOTTURNA AL MONTE SIBILLA. From Sibilla Refuge of Montemonaco (AP) to the peak of the Mother Mountain of Sibillini Mountains, in search of the roots of the myth and in discovering of the fairy panorama offered by the light of the nearly full moon. **Rise time** 2 h 00'-2 h 30' (stops excluded), **down** 1 h 45'-2 h 00' (stops excluded). **Uphill drop:** 630 m. **Hiking difficulty:** EE (Experienced Hikers).

Sunday 17th: MONTE SIBILLA. From Sibilla Refuge of Montemonaco (AP) to the peak of the Mother Mountain of Sibillini Mountains, in search of the roots of the myth. **Rise time** 2 h 00'-2 h 30' (stops excluded), **down** 1 h 45'-2 h 00' (stops excluded). **Uphill drop:** 630 m. **Hiking difficulty:** EE (Experienced Hikers).

Sunday 17th: VOLPARA and PRATA WATERFALLS. From Umito of Acquasanta Terme (AP) searching for the amazing water games given by Laga Mountains creeks. **Rise time:** 2 h 30'-3 h 00' (stops excluded); **down:** 1 h 45'-2 h 00' (stops excluded). **Uphill drop:** 660 m. **Hiking difficulty:** EE (Experienced Hikers).

Saturday 23th: VALLE DELL'ACQUASANTA (Holywater Valley). From Villa da Capo of Bolognola (MC) to the ravine at the base of the impressive Eastern slope of Monte Rotondo, very rich in waterfalls. **Estimated time:** 3 h 00'-3 h 30' (stops excluded). **Uphill drop:** 300 m. **Hiking difficulty:** E (Hikers).

Saturday 23th: PRATI DI RAGNOLO and DINNER IN A HUT. Walk at sunset to Punta del Ragnolo, natural balcony on the southern Marche above Sarnano (MC) and dinner at the Country Skiing Hut "F.lli Cioci" by Albergo Sibilla. **Estimated walking time:** 2 h 30' (stops excluded). **Uphill drop:** 300 m. **Hiking difficulty:** E (Hikers).

Sunday 24th: LAGO DI PILATO (Pilate's Lake) from Foce of Montemonaco (AP). In the hearth of Sibillini Mountains, along their most popular valley, among legends and stories of necromancers, fairies and demons. **Rise time:** 2 h 30'-3 h 00' h (stops excluded), **down:** 1 h 30'-2 h 00' (stops excluded). **Uphill drop:** 900 m. **Hiking difficulty:** E (Hikers).

Sunday 24th: ROCCACCIA (BAD ROCK) OF St. VICINO. From Villa Le Macere to the lonely retreat of Roccaccia, a possession of Ottoni, Lords of Matelica, as far as the high meadows at the foot of Mount St. Vicino. **Estimated walking time:** 4 h 00'-4 h 30' (stops excluded). **Uphill drop:** 770 m. **Hiking difficulty:** E (Hikers).

Saturday 30th: PETRIENNO CAVE. From Poggio Rocchetta to the cave along Rio del Petriunno, natural shelter, hiding and resting spot for bandits, rebels and partisans. **Estimated walking time:** 2 h 30'-3 h 00' (stops excluded). **Uphill drop:** 200 m. **Hiking difficulty:** T/E (Tourist/Hikers).

Saturday 30th/Sunday 31st: SUNRISE ON MONTE VETTORE. Night rise from Forca di Presta (AP) to the highest peak of Sibillini Mountains and overnight stay on the top until the rise of the sun from the Adriatic sea. **Rise time:** 3 h 00'-3 h 30' (stops excluded), **down:** 2 h 00'-2 h 30' (stops excluded). **Uphill drop:** 940 m. **Hiking difficulty:** E (Hikers).

Sunday 31st: A RING AROUND THE LAST FOREST. From Forca di Presta TO Colle Le Cese, suspended on Tronto River High Valley, viewing the northern Monti della Laga and the Pian Piccolo (Little Plan) bottom through the beech woods that surround it. **Estimated walking time:** 4 h 30'-5 h 00' (stops excluded). **Uphill drop:** 510 m. **Hiking difficulty:** E (Hikers).

Sunday 31st: MACERA DELLA MORTE. From Poggio above Spelonga (AP) to the top of the only 2.000 m high of Marche, Northern lookout of the ridge, along the wide crest between the valleys of Chiarino and the Corte. **Rise time:** 2 h 30'-3 h 00' (stops excluded), **down:** 2 h 00'-2 h 30' (stops excluded). **Uphill drop:** 620 m. **Hiking difficulty:** E (Hikers).

For bookings, rates and info on equipment and clothing needed, time and place of departure:

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Professional Guide empowered by national and regional regulations and covered by R.C. insurance.

Note: this calendar may be changed because of adverse weather conditions. Any possible changes will be promptly communicated.